



Life Coaching with Elisa Sibille
helping you build confidence and
clarity to achieve your best life yet

What can Life Coaching do for you?

Not sure what your dream life or career is, in the first place? You do know what you want, but need help to plan a path towards it that is right for you and works? Have you started something important but are struggling to reach your goal? If you answer yes to any of these questions and you are ready to make the commitment to yourself about creating the future you want Life Coaching can help you.

How would it feel to live your ideal life?

Life Coaching is a process that produces action and learning leading to a more fulfilled and balanced life. A coaching relationship is unique in offering you constant support and encouragement. The focus is completely on you, what you want in your life and what will help you to achieve it.

How does it work?

I offer sessions of varying length: 45, 60, 75 and 90 minutes and you can choose the length and frequency that best suits you. Sessions can be either in person, over the phone or by email, so location is not an issue. We will discuss fees during our first free chat, and you will be able to create a package that meets your unique needs.

Who do I work with?

I work with people who are challenged by change, whether it is change they seek and chose or change that is thrown at them. Often my clients are frustrated with their present life and want to change it, or are happy with what they are doing but want a better career and better earnings. Some just feel bored and unchallenged and want to bring excitement back into their life, while others feel overwhelmed and want more balance between work, family and fun.

Are you ready to be in charge of your life?

When you are, it will change your life.